

# 1975 Region B-AA - May 31st

**Teams:** Duluth East 89, Hibbing 70, International Falls 70, Virginia 68.5, Duluth Central 66.5, Bemidji 59, Duluth Denfeld 51.5, Grand Rapids 22.5

## Shot Put

- 1 Jeff LaFave, DE 54-2.5 \*\*
- 2 Dick Fish, DC 54-0
- 3 Roy Plankers, DE
- 4 Cavanaugh, DD
- 5 Jim Jensen, Bem(9) 47+

## 2 Mile

- 1 Dan Hendrickson, Virg 9:44.5 \*\*
- 2 Don Hall, DC 10:02.0
- 3 Derald Lahti, Bem
- 4 T Leali, IF
- 5 Holdahl, Vir

## Sprint Medley

- 1 Virginia 3:38.0 \*\* (Zebro, Collie, Branville, Hendrickson)
- 2 Duluth East
- 3 Intl Falls
- 4 Bemidji
- 5 Hibbing

## 120 High Hurdles

- 1 Gary Branville, Virg 14.8
- 2 Bob Ecklund, IF 15.3
- 3 Halvorson, DC
- 4 Roth, DC
- 5 Miltich, GR

## 100

- 1 Tony Spinelli, Hibb 10.0 \*\*
- 2 Rick Pearson, IF 10.2
- 3 Joe Zebro, V
- 4 Jim Schmeckpeper, Bem
- 5 Sampson, DE

## Mile

- 1 Steve Yesberger, IF 4:28.0 \*\*
- 2 Tom Tedlund, DE 4:31.3
- 3 J Wilson, IF
- 4 Ricky Johnson, Bem
- 5 Ringsred, DC

## 880 Relay

- 1 Bemidji 1:33.5 (McGuire, Skaar Bitzer, Schmeckpeper)
- 2 Duluth East
- 3 Hibbing
- 4 Intl Falls
- 5 Duluth Central

## 440

- 1 Tom Potvin, DD 51.5 \*\*
- 2 Tim Potvin, DD 51.8
- 3 Dickie, Hib
- 4 Zoretic, Hib
- 5 Marcella Vir

## 180 Low Hurdles

- 1 Tony Spinelli, Hibb 20.4
- 2 Gary Branville, Virg 20.5
- 3 Halvorson, DC
- 4 Roth, DC
- 5 Pearson, DD

## 880

- 1 Jody Olson, Virg 1:59.5
- 2 Mike Rowlette, Bem 2:00.0
- 3 Helstrom, Hib
- 4 Barnsby, DC
- 5 Viedor, IF

## 220

- 1 Jim Schmeckpeper, Bem 22.9 \*\*
- 2 Joe Zebro, Virg 23.1
- 3 Rick Pearson, IF
- 4 LaRoque, DE
- 5 Sampson, DE

## Discus

- 1 Phil Verchota, DE 161-1
- 2 Roy Plankers, DE 147-7
- 3 Dick Fish, DC
- 4 Shoey, GR
- 5 Stotts, DC
- 6 Jim Jensen, Bem

## Long Jump

- 1 Mike Klopp, DE 20-7.5
- 2 John McRae, Bem 20-3.5
- 3 Kersting, GR
- 4 Hodgeson, IF
- 5 Bodin, DC

## Mile Relay

- 1 Hibbing 3:29.3 \*\* (Laliberte, Zoretic, Spinelli, Dickie)
- 2 Duluth Denfeld
- 3 Duluth Central
- 4 Intl Falls
- 5 Bemidji

## Pole Vault

- 1 Dale Jensen, IF 12-10 \*\*
- 2 Rocky Jones, GR 12-10 \*\*
- 3 Anderson, IF
- 4 Hill, DE
- 5 Detman, DC

## High Jump

- 1 Jim Sandor, Hibb 6-3 \*\*
- 2 Mark Penfield, DE 6-0
- 3 Brown, DE
- 4 M Sandor, Hib
- 5 Bodin, DC

\*\* Meet Record

**Notes:**